



What's on

Your guide to activities, clubs and events

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pages



Waltham Forest

NEWS

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Issue 163

20 June 2016



We are recycling more than ever in Waltham Forest, but we need to keep doing more to increase the amount that we recycle and cut down the amount of waste we send to landfill.

The latest figures show that 35.8 per cent of household waste was reused, recycled or composted in Waltham Forest last year, which is three per cent higher than the London average. So we are moving in the right direction and I would like to thank residents for all their hard work. However we can always do more.

Up to 70 per cent of household waste is recyclable, so we're encouraging residents to recycle as much as they can and use their green bin as their main bin. Items like plastics, tin cans, glass, paper and plastic bags can all go in your green recycling bin. Lots of smaller items can be recycled too, so make sure you recycle aerosol cans, foil trays, metal lids, yoghurt pots, and even toilet roll tubes. These may seem like small things but they add up to make a big difference.

You can also do your bit by putting all of your food and garden waste in your brown bin, and not in your black bin. We should all get into the habit of putting our plate scrapings in our caddies after every meal, as well as tea bags and coffee grounds.

Residents living in purpose built flats can use their communal recycling bins for items such as card, paper, mixed plastics, glass bottles, jars, cans and aerosols.

We have provided reusable bags to make it easier to store and carry your items to your communal bin.

And remember we offer a free large item collection service which can be booked online if you have larger items such as furniture and white goods that you need to dispose of.

It's vital that we all work together to reduce waste and protect the environment, and we will continue to provide the services you need to help you recycle and reuse more.

Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment



www.walthamforest.gov.uk/recycling



WHAT HAPPENS TO YOUR RECYCLING

We can reduce the amount of rubbish dumped in landfill by increasing what we recycle and re-use. Our recyclables are transformed into new products, so your empty plastic smoothie bottle can be turned into garden furniture.

Recycling makes sense – it's good for the environment and means we send less waste to landfill which in turn reduces the amount of taxpayers' money we spend on landfill tax.

It's important that you only put recyclable items into your green bin as the wrong items can lead to spoiling whole batches of recycling. This means the waste doesn't get recycled and increases the amount the Council has to spend on waste processing.

That's why our collection crews check your bins to ensure they only contain recyclable items. They are unable to collect contaminated recycling bins and will place a red information sticker over the lid to explain why the bin couldn't be collected.

“Our recyclables are transformed into new products, so your empty plastic smoothie bottle can be turned into garden furniture.”

Both your black and green bins are collected by the same collection vehicle which has separate compartments so that recycling isn't mixed with refuse.

This is sent for processing to the Material Recovery Facility MRF in Edmonton, one of the largest in the country, where the recycling is separated into different materials, such as paper, cardboard, plastic, metal and glass containers. Once the recyclables fill the containers, they are baled and sent for reprocessing at the specialist recycling facility.



RECYCLING FACTS

95%

Around 95 per cent less energy is used to make products from recycled materials than using raw materials

50k

If we recycle all the steel packaging we use in a year, it would save enough energy to make over 50,000 return train journeys between London and Edinburgh

34

We currently save enough energy from recycling glass to chill 34 bottles of water each day for every UK household

4hrs

Recycling one drink can could save enough energy to power a TV for four hours

9

Nine football teams in the 2010 World Cup in South Africa wore shirts made out of recycled plastic bottles

13m

Each shirt was made from eight plastic bottles which prevented nearly 13million plastic bottles, from going to landfill

254

Which totalled almost 254 tonnes of polyester waste

29

This covered more than 29 football pitches



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A little taste of Leyton

Whether you're a committed 'foodie' looking for new culinary ideas or simply love sampling tasty street food from across the globe, Leyton's new Food Market offers something for everyone

If you love nothing more than spending the weekend browsing London's fantastic food markets, you'll be pleased to hear that Waltham Forest has a new market that aims to rival the best that Borough Market and Brick Lane have to offer.

Taking place every Saturday in the beautiful surroundings of Leyton's Coronation Gardens, (Buckingham Road, E10 5NG) Leyton Food Market showcases a fantastic range of mouth-watering food and drink from across the globe.

Whether you're a fan of healthy Mediterranean fare, yearn for authentic-tasting south Asian street food or love a traditional Scotch egg, there's sure to be something on offer to whet even the fussiest of appetites.

Open to all, the weekly event also features street performers, cookery demonstrations, arts and crafts, and live music from local musicians to

give a carnival-style atmosphere. The market runs from 9am to 5pm, and specially-themed events are planned for certain Saturdays throughout the year.

So far, the market has been well-received by local people since its launch last month. Residents of all ages have turned out to browse the 30 plus stalls that are offering everything from Colchester rock oysters and Cuban sandwiches to naturally-made soap and handmade jewellery.

Stallholder and Leyton resident, Marsha Brown, of the Curved Brick Roastery, told Waltham Forest News: "There are lots of brilliant local food and drink producers in Leyton who collaborate with each other. I have a workshop in Leyton and I roast green coffee beans that are imported by a wonderful mother and daughter team.

"Leyton Food Market is a lovely, traditional way to spend a family



Sample tasty treats every Saturday at Leyton Food Market

afternoon. I'd encourage everyone to come along and make a day of it. You can see what's on offer, pick up lunch and enjoy a picnic on the grass while the kids can run around and play in safety. I have loved Coronation Gardens since I moved

to Leyton three years ago, and am so glad it's being used for this wonderful market."

Local people who are interested in applying for a stall at the market should fill out the trader form on the market's website.

Enjoy

For more information visit www.leytonfoodmarket.com or www.facebook.com/leytonfoodmarket



BE PART OF HIS LEGACY | GIVE TO REMEMBER

Donate at: walthamforest.gov.uk/LauriesLegacy



Better streets for all



Have your say on plans for improvements to Highams Park town centre

Residents are encouraged to have their say on a series of planned improvements for Highams Park town centre.

The Council is planning a range of improvements to make streets fit for everyone to use, whether you walk, cycle, use public transport

or drive, thanks to a funding pot of £27million provided by Transport for London (TfL).

The Highams Park town centre

■ Consultation on planned Town Centre improvements runs until 24 July

■ Proposals include improvements to public spaces and new pedestrian crossings

scheme covers over 6,500 addresses and includes the area framed by the North Circular Road, Beech Hall Road, Hatch Lane and Woodford New Road. The proposals include improvements to public spaces, creating a safer environment, new crossings, improvements to Chingford Lane and two new cycle routes.

The plans were shaped by a survey which was sent to all households in the area in March and April, and feedback from resident workshops held in May.

The consultation runs until Sunday 24 July. You can also view and discuss the plans at two public exhibitions which will take place at Selwyn Primary School (Cavendish Road, E4 9NG) on Thursday 7 July and Tuesday 12 July 6pm to 9pm.

Get involved

To view the plans and take part in the consultation visit www.enjoywalthamforest.co.uk. Follow the Council on Twitter @wfcouncil.

In my opinion



Jude Kidd

Leytonstone resident and dramatherapist

I have worked as a dramatherapist for more than three decades. It is a growing profession, combining psychological therapies with creativity; offering techniques to explore complex and troubling issues.

It is often taken up by people who struggle to express themselves using conventional talking therapies, as well as those who respond to working in an artistic way. That is not to say talking is not permitted – it is! But people are offered the choice to engage with creative materials such as clay, materials, ribbons or small world objects using role play, music and mime.

As a person immerses themselves in their imagination, feelings and thoughts emerge in a symbolic way. For example, a person might use metaphors such as 'I feel down in the dumps' or 'like a leaf being blown by the breeze'. As a practising dramatherapist, I would invite a person to explore these metaphors and discover what the root is.

Make a note of how often you use metaphors in your daily conversations. Next time you catch yourself using one; reflect on how it relates to you personally. The next step might be to take a paintbrush or pen and paint the image that best describes your words. However, dramatherapy cannot be self-taught

nor can it be practised on others without proper training. We all owe it to ourselves and others to protect our psyches.

I have worked with older people, children and adults with learning disabilities and mental health problems. I offer Creative Arts Supervision to students on placement in schools and trainees in health centres and hospitals. This includes creative counselling, delivering themed workshops and training for staff as part of their continuing professional development in their chosen field.

Dramatherapists cannot practise unless they have undertaken a course at Masters level. While

training students are required to be in therapy for the duration of the course, and also are supervised while on placement. The requirements for registration are robust and designed to protect both therapist and client. Once the Masters qualification is obtained graduates are required to register with the Health and Care Professions Council (HCPC) before they begin to practise.

I also hold a Master's degree in Neuroscience and am currently researching how the two subjects

relate.

My chapter 'The Brain as collaborator in dramatherapy practice' was published last week in the Routledge International Handbook of Dramatherapy, edited by Sue Jennings and Olive Holmwood. It is the first volume of its kind. It brings together authors from around the world and promises to provide a valuable resource to libraries, heads of institutions, teachers, students and practitioners alike.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 350 words; Waltham Forest News wants to hear from you. Email walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

Contact Waltham Forest Council



www.walthamforest.gov.uk

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Waltham Forest News

Editor: Jenny Singh

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk.

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Queen's Birthday Honours

Chingford resident, Michael 'Mickey' Gordon, has scooped an award in the Queen's Birthday Honours list and has been appointed a Member of the Order of the British Empire (MBE) for services to canoeing and young people.

Mickey, 66, is a talented kayaker, and paddled at national level from 1969-78. He has devoted much of his life to helping young people, and has also worked to help remote communities in Nepal for more than thirty years.

A former special education

teacher working in Hackney, Mickey used his hobby as a way of connecting with his pupils and was instrumental in setting up outdoor education qualifications as part of an alternative curriculum.

He founded Hackney charity, the Leaside Trust, in 1994 and acted as its Chief Executive until five years ago.

Based on the River Lea, opposite Walthamstow Marshes, Leaside delivers inspiring educational activities including canoeing, mountain biking, orienteering and expeditions. More than 7,000 local

young people use the centre each year.

Mickey told Waltham Forest News: "I'm shocked and delighted to have received the MBE, if a little bit embarrassed! I've been inundated with calls, texts and Facebook messages from well-wishers, including pupils I used to teach 20 or 30 years ago and families I've helped in Nepal. It is very heartening to hear people say that you made a difference to their lives and that they still remember you. It's been quite emotional!"

The honours system recognises

people who have made achievements in public life, or committed themselves to serving and helping Britain. Anyone can nominate someone for an honour, so if you know a community stalwart who has given countless years' service to other people or someone who has become an ambassador for Britain, why not nominate them?

More info

For more information on the Honours System, and how you can nominate someone for an award, visit www.gov.uk/honours

In brief

Jack's Park

Skeltons Lane Park in Leyton (Skeltons Lane, E10 5BS) has been officially renamed Jack Cornwell Park in honour of the local hero who died 100 years ago aged just 16 during the Battle of Jutland. A community event was held on Thursday 2 June, during which the park was renamed – one week after the unveiling of a Victoria Cross commemorative paving stone paying tribute to Jack in Leyton's Coronation Gardens. The renaming event featured a variety of family-friendly activities, and saw local social enterprise Significant Seams install hundreds of poppies crafted by local residents – the culmination of a two-year World War One project commissioned by Waltham Forest Council. Leyton resident John 'Jack' Cornwell was the youngest naval officer to be awarded a Victoria Cross.

• Follow the Council on Twitter
[@wfscouncil](https://twitter.com/wfscouncil).

Hearing Orient's war story



Council Leader, Chris Robbins, joined Joseph Brown, Steve Jenkins, Leyton Orient captain Mathieu Baudry and Philip Rudling at Vestry House Museum for the launch of the 'They Took the Lead' project

A group of 30 local volunteers have spent nine months researching the story of Leyton Orient's involvement in the First World War, and will use the project to teach young residents more about the conflict.

Their research, and the forgotten stories they uncovered, has been turned into a website, an educational project for local schools and an exhibition called 'They Took The Lead' which is now open at Walthamstow's Vestry House Museum (Vestry Road, E17 9NH).

A total of 41 players and members of staff from Clapton Orient (the name Leyton Orient was not adopted until the end of the

Second World War) served in the First World War – the most from any professional football club in England. Many left for the trenches straight after playing in the club's

of fans and students from Leyton Orient Trust's college programme, have been working alongside local charity Eastside Community Heritage and Leyton Orient fan,

"Learning about football's relationship with the war has been a real eye-opener. You can't begin to imagine what the pressure was like."

final game of the 1914/15 season – a 2-nil victory over Leicester Fosse. Three players; Richard McFadden, William Jonas and George Scott sadly never returned, losing their lives on the battlefields of the Somme.

The project volunteers, a group

Steve Jenkins, who first started researching Orient's war story in the mid-1990s. The younger volunteers also took part in a special workshop on football's role in the Great War at the National Football Museum in Manchester.

Council Leader, Chris Robbins,

joined the volunteers as they launched their new exhibition at Vestry House Museum last month. A lifelong Leyton Orient Supporter, Chris told Waltham Forest News: "The importance of this story to the borough and our local area cannot be underestimated. I'm delighted that this project is going to go round our schools. I think it is a great way of helping young people understand the significance of the First World War and what football has meant to the community over generations."

Joseph Brown, a Leytonstone resident who took part in the project, said: "Being involved in the project has given me more knowledge about the First World War and learning more about football's relationship with the war has been a real eye-opener.

"I'm 19, but there were so many people younger than me who fought and died. You can't begin to imagine what that pressure must have been like for people so young."

More info

To find out more about the project, visit www.eastsidecommunityh.wix.com/theytookthelead. Schools or community groups interested in receiving free resources and taking part in the project should email paul@ech.org.uk. Information on Vestry House Museum is available at www.walthamforest.gov.uk/vestry-house

GP 'Hubs' – have your say

Residents are being urged to give their views on suggested locations for 'GP Practice Hubs' in the borough. The NHS Waltham Forest Clinical Commissioning Group (CCG) is asking how GP services could be better arranged to improve local NHS provision in years to come. Suggestions include making better use of existing buildings by developing hubs which could deliver cancer screenings, minor surgery such as vasectomies and colonoscopies, blood testing, treatment for skin conditions and physical therapy, as well as regular GP appointments. A patient-led meeting will take place at Vestry House Museum (Vestry Road, E17 9NH) from 1pm on Saturday 25 June. More information, including a feedback questionnaire, is also available online. The consultation ends on Thursday 30 June.

• For more information, and to fill in the feedback questionnaire, visit www.walthamforestccg.nhs.uk/ourwork/estates.htm

E17 Designers

If you're looking for unique, locally-made gifts or homewares you'll be pleased to hear that E17 Designers has opened a summer concession stand at Vestry House Museum (Vestry Road, E17 9NH). You can pick up jewellery, prints and accessories made by local designer-makers. The shop will be open during the museum's regular opening hours; Wednesday to Sunday, 10am to 5pm.

• For more information, visit www.e17designers.co.uk

4 Priorities

Enjoy life in Waltham Forest

Waltham Forest Council has four key priorities to help improve the lives of everyone who lives and works in the borough. In this edition we look at what events and activities you and your family can enjoy this summer



Families can play unlimited tennis on the borough's 18 high-quality courts for just £45 a year. Residents had their photo taken with the Davis Cup in Chingford earlier this month (left) and councillors were joined by young residents for the opening of a new 150-seat grandstand at Waltham Forest athletics track (above)

We're committed to doing all we can to help everyone living and working in Waltham Forest enjoy a good quality life. That's why we're investing in events, activities and leisure opportunities to enable you and your family to lead active, happy lives. Whether it is health and wellbeing activities, fun and free family-friendly festivals or exciting events for the kids, Waltham Forest has so much to offer. Here, we look at some of the exciting things taking place on your doorstep in the coming months.

Free summer activities

Free activities and events for all the family are on offer once again thanks to our popular summer Holiday Activity Programme.

In addition to the much loved half day drop-in family play sessions in schools and parks, this year the programme also features exciting week-long activities for 11 to 19 year olds. These range from spending the week kayaking, taking

your first steps in the music and entertainment industry, performing summer carnival dances, or learning forest survival skills. Plus, we continue to part-fund holiday schemes run by 20 schools across the borough.

You can discover everything taking place and how to book a place by visiting www.walthamforest.gov.uk/summer.

New-look leisure centre

Our multi-million pound leisure centre investment programme culminates this autumn with the opening of Waltham Forest Leisure Centre.

Set to be one of the biggest leisure centres in London, it will boast a range of facilities including a 25m, eight-lane swimming pool, four-court sports hall, soft play area for children, an extreme sports zone with a climbing wall, dance studios, a new gym and changing facilities, both wet and dry health and wellbeing spa areas and an outdoor floodlit artificial sports pitch.

And as if that wasn't enough, new additions have already been welcomed at the neighbouring athletics track. This month saw a 150-seat grandstand unveiled, enabling the track to host county athletics championships for the first time in decades. Elsewhere, Council-owned leisure centres in Chingford, Leyton, Leytonstone and Walthamstow have already benefitted from improvement work. And further work has just begun at Chingford Leisure Centre, which will deliver brand new changing areas.

Free events

Over the next month, residents will be able to get into the party spirit at two free community celebrations, as the borough welcomes a Rio-themed carnival to Leyton and Lloyd Park plays host to the Walthamstow Garden Party.

The Rio theme embraced by the Leyton Get Together, which takes place at Leyton Sports Ground (Crawley Road, E10 6RJ) on Sunday 3 July, is inspired by Brazil hosting the 2016 Olympic

Games this year. It is one of six epic community celebrations this summer.

The Walthamstow Garden Party promises to be another action-packed affair when it returns to Lloyd Park (Forest Road, E17 4PP) on Saturday 16 July and Sunday 17 July. And, after that, there's the Waltham Forest Mela on Sunday 31 July at Walthamstow's Chestnuts Field (Town Hall Complex, Forest Road, E17 4JF), the Chingford Get Together on Saturday 13 August at Ridgeway Park (Peel Close, Old Church Road, E4 6XU), and the Leytonstone Get Together (Church Lane, E11 1HG) on Sunday 4 September.

Terrific tennis

Our new Play Tennis Waltham Forest membership scheme is in full swing, making it easier for residents to guarantee time on court whenever they want to play.

A partnership between the Council and the Lawn Tennis Association (LTA), the new scheme costs £30 for an entire year –

meaning it's less than 60p a week for members to play as much tennis as they like on one of the borough's 18 high-quality courts or four mini courts.

Alternatively, a £45 twelve-month family membership allows a resident and their family to play unlimited tennis. Becoming a member enables residents to book courts up to seven days in advance – as well as giving them use of an LTA rewards app for players.

Chingford was gripped by tennis fever earlier this month when the Davis Cup arrived in Ridgeway Park – giving residents the chance to have their photo taken with the trophy, and enjoy free tennis activities.

Get involved

To find out more about what's happening in Waltham Forest this summer, and how you can join in the fun, visit www.walthamforest.gov.uk/enjoylife.



Family

Priority:

Help all of our residents enjoy a good quality of life

Commitment:

- Freeze Council Tax until at least 2016 and continue to fund the freedom pass scheme
- Provide young and older residents with a range of activities and support such as free swimming, holiday clubs and Christmas lunches
- Support an extensive arts and events programme for everyone, via the Council and in the community
- Maintain high quality parks, green spaces and affordable, modern leisure centres

Priority: **We will keep your neighbourhood clean and safe**

Priority: **We will support affordable housing for everyone's needs**

Priority: **We will help build a strong local economy and thriving town centres**

www.walthamforest.gov.uk/priorities



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If you want to be kept informed of the latest council news, events, service changes and consultations, sign up to Waltham Forest Council e-news online at www.walthamforest.gov.uk/enews



In brief



Pupils from St Joseph's Junior School, Leyton walked 15,500 miles last year

Beat the Street

Residents are urged to take part in a popular walking, running and cycling initiative for people of all ages. Beat the Street is a fun real-life game where Hackney, Newham, Tower Hamlets and Waltham Forest residents are encouraged to ditch the car and instead run, walk or cycle. Participants log their journey by tapping cards, similar to an oyster card, against sensors called Beat Boxes, which can be found on lampposts across the four boroughs. Players can monitor their progress via a secure website. People of all ages can take part and players can win prizes for themselves and their community team. The project, which runs until Wednesday 20 July, is supported by the National Charity Partnership, a collaboration between Diabetes UK, the British Heart Foundation (BHF) and Tesco. The team that walked the furthest across all four boroughs last year was Leyton's St Joseph's Junior School (Vicarage Road, E10 5DX) who walked nearly 15,500 miles. • For more information visit www.beatthestreet.me/eastlondon. You can also follow @btseastlondon on Twitter.

New car club bays

Residents who use car clubs will be pleased to hear that nine new bays have been installed across the borough, giving even easier access to a car when you really need it. Zipcar offers a round-trip or bay-based system, with cars and vans parked in designated bays. Membership costs £59.50 a year and cars start at £6 per hour, including 40 miles of free petrol. The new Zipcar bays can be found at: Albert Road, E17; Barrett Road, E17; Browns Road, E17; Carisbrooke Road, E17; Cromwell Road, E17; Leopold Road, E17; Millais Road, E11 and Pembroke Road, E17. There is also a new Enterprise Car Club bay in the Banbury Park development on Billet Road, E17. Membership costs £60 a year, with cars available from £4.25 per hour. If you drive less than 8,000 miles a year, giving up your own car and switching to a club could save £3,500 a year. • To find out more about all car clubs in Waltham Forest, visit www.walthamforest.gov.uk/car-clubs.



The Council is cracking down on landlords who have not licensed their privately rented properties

Raising privately rented property standards

- 25 landlords now prosecuted for failing to sign up for licensing scheme
- Another landlord fined for not licensing overcrowded property

The campaign to drive up property standards in Waltham Forest shows no signs of slowing, as the Council continues its programme of enforcement to crack down on rogue landlords.

The Council launched its privately rented property licensing scheme in April 2015 to help improve living standards for residents in the private rented sector. The scheme requires landlords to hold a separate licence for each property they rent out in the borough, and means landlords can be prosecuted if they fail to adhere to certain licence conditions.

On Wednesday 15 June landlord David Reid, of Forest Road, Walthamstow, appeared at Thames Magistrates' Court after being prosecuted by the Council for failing to obtain licences for five privately rented flats, which are also located on Forest Road. He pleaded guilty and was fined £10,000, as well as being ordered to pay £2,455 in costs.

Cllr Khevy Limbajee, Cabinet

Member for Housing, said: "With one in three residents in Waltham Forest renting privately, it's important to protect our renters and make sure they are getting a fair deal. We have now successfully prosecuted 25 landlords for refusing to register with our private rented property licensing scheme, with courts ordering fines and costs

had an occupied 'bed in shed' in the rear garden. A prohibition order was served on the bed in shed as well as an improvement notice to address the other issues.

The landlord, Mohammed Shafiq, of Warren Road, Wanstead, claimed that he was renting the property to a single family, and that it was being sub-let without

was fined £7,500 and ordered to pay costs of £1,631. Two other properties that Mr Shafiq owns in Waltham Forest will now also have their licences reviewed.

A house is considered to be an HMO if it is occupied by three or more unrelated people who do not form a single household. All HMOs in the borough require a licence, unless they qualify for an exemption.

Cllr Limbajee added: "I hope this case sends out a strong message to any landlord who thinks they can flout the law by renting properties to a single tenant when they are fully aware it is occupied by multiple households. We will not hesitate to prosecute any landlord who chooses to ignore our warnings and rent out properties with such poor living conditions."

"We will not hesitate to prosecute landlords who rent out properties with such poor living conditions."

of over £90,000 to those convicted. As with this case landlords have ended up with individual bills of over £10,000 for ignoring our warnings."

In another recent case a landlord was prosecuted for failing to license a property as a mandatory House in Multiple Occupation (HMO). When inspected by Council officers the property in question, on Garner Road, Walthamstow, was found to be overcrowded and lacked necessary fire precautions. It also

his knowledge. However he did not take any steps to return the property to single-family use, so the Council proceeded to prosecute him for non-licensing.

Mr Shafiq agreed that the property was being occupied as an HMO, but entered a 'reasonable excuse' defence as he was taking steps to evict the tenants. The case was heard at Thames Magistrates Court on Monday 6 June, with the court ruling in the Council's favour. Mr Shafiq

More info

For more information visit www.walthamforest.gov.uk or email propertylicencing@walthamforest.gov.uk.

Filthy grocers closed

- Inspectors found serious mouse and cockroach infestations
- Large haul of illicit tobacco also discovered



Mice had chewed through food boxes at the China Garden store in Leyton

A grocery shop in Leyton was ordered to close immediately after inspectors found a catalogue of hygiene horrors including an infestation of cockroaches, mouse droppings on food and raw meat being prepared in unsuitable conditions.

Inspectors from the Council's Food Safety team visited China House on High Road Leyton on Tuesday

17 May after receiving a complaint about hygiene in the store. When they arrived the food business operator was found cutting meat in a storeroom that was filthy and had raw meat residue stuck to the walls.

This was only the beginning of the shocking conditions. German cockroaches were seen crawling along the walls in the storeroom and over packets of food. When an inspector lifted up an extension lead,

a number of cockroach nymphs (immature cockroaches) crawled out from inside.

If that wasn't enough, evidence was also found of a serious infestation of mice, including nests made from chewed up cardboard boxes and mouse droppings on food, shelves and around chest freezers.

Due to the imminent risk to public health a Hygiene Emergency Prohibition Notice was served on the premises, and the shop was closed immediately. A Hygiene Emergency Prohibition Order was confirmed on Thursday 19 May at Stratford Magistrates' Court, which meant that the premises had to remain closed until inspectors were satisfied that the various issues were addressed. The Council was also awarded full court costs of £465. The premises has now been allowed to reopen, but will be monitored closely by Council officers.

Cllr Clyde Loakes, Deputy Leader and Cabinet Member for Environment, said: "It's unbelievable

that people think it's acceptable to operate a food business in such appalling conditions. We simply won't stand for any business putting the health of our residents at risk in Waltham Forest, so I'm pleased with the action that has been taken here."

Whilst carrying out their inspection officers also found a large quantity of illicit tobacco on the premises. The Council's Trading Standards team were alerted and seized over 14,000 cigarettes, which will now be tested before any further action is taken.

The Council carries out a programme of regular food safety inspections at businesses across the borough and will take enforcement action against anyone found to be putting customers' health at risk. If you are concerned about food safety and hygiene at any local business, please report it to the Council.

More info

For more information visit www.walthamforest.gov.uk/food-safety. Follow the Council on twitter @wfcouncil.

In brief

Leyton Jubilee Park

If you love using Leyton Jubilee Park (Seymour Road, E10 7BL), and have ideas to make it even better, the Council wants to hear from you. Residents who regularly use the park are asked to complete a short online survey and tell us what you like about the park, why you visit and what could be done to make it outstanding. The Council will apply for a Green Flag Award for the park in 2017, which will include producing a report on how the area has evolved as a landscape and for the benefit of the community. The Council plans to work with the Leyton and Leytonstone Historical Society to gather memories, stories and old photographs of the area. Leyton Jubilee Park was created in 2012 by bringing together the former Ive Farm and Marsh Lane Playing Fields and was renamed to mark the Queen's Diamond Jubilee. The results of the survey and historical project will help form a new Management Plan for the park.

• Complete the survey at www.surveymonkey.co.uk/r/QK8LHJK. To contact the Leyton and Leytonstone Historical Society, email david_boote@yahoo.com.

WALTHAM
FOREST
ADULT
LEARNING
SERVICE

Information, advice and enrolment sessions

10%
discount
offer²

Waltham Forest Adult Learning Service staff are trained to give you free information and advice about the best courses for you to achieve your learning objectives, whether that is to get a job, a promotion or a new life improving skill.

Are you a Jobseeker?

You can do many of our courses **FREE**.

General information

Tuesday 12 July 10am – 3pm
Tuesday 12 July 5pm – 8pm

English and maths **FREE**¹ courses for adults

These part-time **FREE**¹ courses will improve your English or maths. You will get a recognised qualification.

To enrol you must come to an information session for an assessment. Please allow at least one hour for your assessment.

You do not need to book.

English and maths

Wednesday 13 July 10am – 3pm
Wednesday 13 July 6pm – 8pm

¹ Subject to status. Visit our website, one of our centres or email us for more information.

These information, advice and enrolment sessions are being held at:

Queens Road Learning Centre
97 Queens Road
Walthamstow E17 8QR

² For details of the discount offer please visit our website or contact any of our centres.

Funded by



Tel: 020 8496 2974 | www.lbwfadullearning.co.uk

www.facebook.com/lbwfadullearning

Email: adult.learning@walthamforest.gov.uk

If you want to talk to us about English for Speakers of Other Languages (ESOL) please visit our website or contact the centre.



Sports and fitness

Short Mat Bowls

Wednesdays and Fridays, 11am–1.30pm

Leytonstone Leisure Centre, Cathall Road, E11 4LA

£2 per session, no booking required.

Beginners welcome. Bowls supplied.

Phone Ann on 020 8529 6304.

Total Body Toning

Tuesdays, 7.30–8.30pm

North Chingford Methodist Church, Station Road, E4 7BJ

An uplifting full body resistance workout to tone, strengthen and burn calories.

Includes use of weights, bodybars, gliding discs, rubber tubing, followed by a floorwork and stretching section. Taught to motivating music. First class free, then £27 per month. **Phone Lucilla on 07956 695 077, email lucilla@onestopfitness.co.uk or visit www.onestopfitness.co.uk.**

Flow Yoga

Saturdays, 11am–12noon and Sundays, 12–1pm

Leytonstone Library, 6 Church Lane, E11 1HG

Lovingly-designed yoga classes featuring flowing sequences to bring strength and fluidity to the body with gentle relaxation techniques to quieten the mind. All levels welcome. £8 drop-in, or £5 concessions.

For more information phone Sally on 07825 828 771 or email s.balfourth@hotmail.co.uk.

Pilates in Leyton

Thursdays, 6–7pm; beginners and 7–8pm; general

Leyton Parish Church Hall, Lindley Road, E10 5PY

Drop-in Pilates for all. £10 per class or buy 10 classes in advance and get one free. Mats and small equipment provided.

Pilates can improve strength, flexibility, balance, coordination, bone density, reduce pain and encourage relaxation. Alison is a Pilates Foundation member teacher with 15 years' experience. Absolute beginners and newcomers contact me first please.

For more info, email alison.bray@gmail.com or visit www.abpilates.co.uk.

Women Only Zumba

Tuesdays, 7.30pm

St Andrews Church, St Andrews Road, E17 6AR

Exhilarating class with loads of fun and toning in the process. Enjoy your body changing shape while listening to international sounds. Special offers available for newcomers. OAPs and Unemployed, £4 a session. **For more information, phone 07717 330 993 or email vibe.wellnesshealth@gmail.com.**

Drop in Donation Yoga

Wednesdays, 11am–12.15pm;

Fridays, 7–8.15pm and Saturdays, 10.30–11.45am

United Reformed Church, 58 Orford Road, E17 9QL

Increase your flexibility, build strength and stamina along with breath techniques to ease anxiety and generally feel at home in your body. A friendly mixed levels class with an experienced teacher where you pay what you can afford. **For more information phone Sarah on 07815 120 792 or visit www.yoyoga.co.uk.**

Lea Valley Friends Walking Group

Saturdays and Sundays

Why not join us for a short walk, good company and a very friendly group? We offer country walks, canal walks and London walks. There is a social side to the group when we enjoy lunches and outings. **For a full programme, visit www.leavalleyfriends.org.uk, email lvfwalkers2001@hotmail.com or phone 020 8529 1602.**

Reiki Project

Tuesday 5 July, 7–8.45pm

Waltham Forest Community Hub, 18A Orford Road, E17 9LN

Reiki is a form of healing that works with the life force energy that flows through all living things. When one's energy is free flowing one is in balance physically, emotionally and mentally. Donations go towards room hire and project expenses. Have an open mind, come along and see what we can do for you. All welcome, all ages. **Email walthamforestreikiproject@gmail.com or phone 07940 579 055.**

Zumba with Zoe

Wednesdays, 7.30pm

The Cornerstone Centre, 149 Canterbury Road, E10 6EH

Classes are great fun, an excellent way to keep fit, lose weight and every class feels like a party. Zumba is your opportunity to express yourself and unleash your 'Latin within'! £5 per class. **Email info@zumbazoe.co.uk or visit www.zumbazoe.co.uk.**

Chingford Green Gym

Every Tuesday from 11am

Ridgeway Park, Old Church Road, E4 6XU

Join in feel good, come along and get fit and active while helping your local environment. We'll be undertaking some great projects in Ridgeway Park and need your help. Get in contact and see the park grow! Free. **For more information, email gg-waltham-forest@tcv.org.uk or phone 020 8533 8022.**

Biodiversity Action Team

Tuesdays to Thursdays, from 9.30am

Meet at 1a Connaught Close, E10 7QS

Our Biodiversity Action Team helps manage some of East London's most vibrant sites for nature conservation. With projects running weekly throughout the year there are plenty of opportunities to join in, meet people, learn skills and discover hidden places. Join In, Feel Good. Free. **For more information, email t.nandi@tcv.org.uk or phone 020 8533 8022.**

Gentle Yoga

Mondays, 6–7pm

The Mill, 7 – 11 Coppermill Lane, E17 7HA

A gentle yoga class; great for beginners, health issues, newbies, or anyone wanting a small, friendly relaxing yoga class. We learn simple physical poses to improve posture and general physical and mental well-being, with a calming relaxation to finish. £10 drop in or £9 with a loyalty card, £5 concessions. **For more information, or to book a place, email josettayoga@hotmail.co.uk or phone/text 07554 440 499.**

Ashtanga Yoga

Fridays, 9.45–11.15am

Quaker Meeting House, 1a Jewel Road, E17 74QU

Fast flowing dynamic yoga class for emotional and physical wellbeing. Great for increasing fitness, flexibility and balance, with calming relaxation to finish. Please bring a yoga mat. £12 drop in or £11 with a loyalty card, £5 concessions. **For more information, or to book a place, email josettayoga@hotmail.co.uk or phone/text 07554 440 499.**

Drop in Donation Yoga

Wednesdays, 11am–12.15pm;

Fridays, 7–8.15pm and Saturdays, 10.30–11.45am

United Reformed Church, 58 Orford Road, E17 9QL

Increase your flexibility, build strength and stamina along with breath techniques to ease anxiety and generally feel at home in your body. A friendly mixed levels class with an experienced teacher where you pay what you can afford. **For more information phone Sarah on 07815 120 792 or visit www.yoyoga.co.uk.**

Karate for Men and Women

Every Tuesday and Thursday, 6–7pm

Nexus Centre, 3 Snowberry Close, E15 2AH

Family-friendly karate classes for all ages and levels. **For more information, phone or text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk.**

Clubs and community

Highams Park Day

Saturday 16 July, 11am–4pm

Vincent Green, Vincent Road, Highams Park, E4 9PP

Join us for this free community event. Fun for all the family. There will be stalls, a bouncy castle, entertainments, food, refreshments. The Stow Caledonian Pipe Band will march from the Station at 11.45am. Follow the Band! **For more information phone Andrew Golds on 020 8531 5695.**

Pop Up Mondays

Mondays, 9.30am–3pm

The Mill, 7–11 Coppermill Lane, E17 7HA

Would you like space to work and network?

In June we are offering hot-desking, room hire and networking every Monday. We offer wifi, scanning, printing and copying facilities and tea/coffee. Rates from £3.50 per hour, when booked and paid in advance, or drop in for £5. Small meeting room hire £10 per hour, ideal for meetings and seminars. Garden Room hire £15 per hour for group sessions, brainstorming or rehearsals. **To book, email info@themill-coppermill.org.**

Turkish Cypriot Cultural Festival and Eid Celebration

Sunday 17 July, 11am–8pm

Chingford Rugby Club, Lea Valley Playing Field, Waltham Way, E4 8AQ

There will be fun activities for the children, Turkish Cypriot arts and crafts displays, bargain sales, folk dancing, music and delicious food and soft drinks. The Club's bar will be open too. **For more information, email the CTCA secretary kaltan@btinternet.com or phone 07736 808 698.**

Coaching and Mentoring

In person or by telephone/Skype

I can help you to identify and nurture your true potential and realise your goals and ambitions – in business, in your personal life, in whatever area you are experiencing obstacles to growth. I specialise in organisational coaching and de-cluttering, as well as supporting those who want to return to work after a career break. **From £40 per hour for Waltham Forest residents. Please email lizziejarviscoaching@gmail.com.**

Georgian Villas and Edwardian Terraces

Saturday 16 July, 2pm and Wednesday 20 July, 11am

Meet at William Morris Gallery, Forest Road, E17 4PP

A free guided walk organised by Walthamstow Historical Society exploring the area around Forest Road where wealthy residents once lived in large houses. Our walk will look at some surviving older houses and at how the area has been transformed by later buildings. No need to book. **For information, visit www.walthamstowhistoricalsociety.org.uk.**

Walthamstow's Gem of a Village

Saturday 13 August, 2pm and

Wednesday 17 August, 11am

Meet at Vestry House Museum, Vestry Road, E17 9NH

A free guided walk organised by Walthamstow Historical Society exploring the Village where Medieval Heart of Walthamstow is preserved in its street pattern and some of its buildings. This walk will explore this 'hidden gem' looking at its buildings and history. No need to book. **For information, visit www.walthamstohistoricalsociety.org.uk.**

Caribbean Day

Saturday 2 July, 10am–6.30pm

South Chingford Congregational Church, 161 Chingford Mount Road, E4 8LT

Come and enjoy a taste of the Caribbean.

There will be music all day, including a steel pan band and limbo dancing.

Breakfast served from 10–11am, lunch from 11am–2pm and dinner from 3.30–6.30pm.

Summer of Love Festival

Saturday 16 July, 1–5pm

Chingford C of E School, Junior site, Cambridge Road, E4 7BP

Enjoy a fun-filled afternoon at our Summer of Love Festival. There will be live music, stalls, inflatables, face painting, Go-Karts and a Grand Raffle with amazing prizes to be won! All welcome. **For more information, email summeroflovecofe@gmail.com.**

Ebooks (kindles and kobos)

Thursday 16 June, 10.30am–12.30pm

Waltham Forest Resource Hub (North), 58 Hall Lane, E4 8EU

A workshop for people aged 50 and over. Ever wondered about e-books? Did you know you can increase the size of text to make reading easier? This session gives you the chance to try the latest equipment and covers how to download books from the internet and the Council's e-book library service. Cost is £5. **Phone Age UK on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Tips, Tricks and Apps – Android Tablets

Thursday 20 June, 10.30am–12.30pm

Waltham Forest Resource Hub (North), 58 Hall Lane, E4 8EU

A workshop for people aged 50 and over. What are Apps and what are the different apps used for? Learn Multi-touch tricks and shortcuts. You can also bring your questions with you for discussion. Cost is £5. **Phone Age UK Waltham Forest on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Free help with IT

Wednesday 13 July, 9.30am–3pm

Holy Family Catholic School, 1 Shernhall Street, E17 3EA

Do you want to know more about using computers or other IT gadgets? Whether you have never used a computer or are more advanced you will get help in any area you wish: PCs, lap tops, tablets, smart phones etc. The Waltham Forest Twinning Association has linked up with Holy Family Catholic School to provide a basic/intermediate computer workshop as one of their Community Action Day projects. You can attend all day or the morning or afternoon session. Contact us today to sign up. **Phone Merv Caesar-John on 07732 332 814 or email wftwinningassociation@gmail.com.**

Public Meeting – GP Practices in Waltham Forest

Saturday 25 June, 1pm

Vestry House Museum, Vestry Road, E17 9NH

Waltham Forest Clinical Commissioning

Group will hold a presentation and Q&A on their draft estates strategy. A patient-led meeting to provide information and encourage debate on the organisation of GP practices within Waltham Forest. **For more information, email communications@walthamforestccg.nhs.uk.**

Dyslexia Association Adult Meet-up

Tuesday 28 June, 6.30–8.30pm
The Quaker House, 1a Jewel Road, E17 4QU
Join the Waltham Forest Dyslexia Association on the last Tuesday of every month. If you have dyslexia, or interested to know more about dyslexia, come along to our friendly free meetings. **Visit www.wfda.org.uk to find out more information.**

Where am I?

Thursday 30 June, 10.30am–12.30pm
Waltham Forest Resource hub (North), 58 Hall Lane, E4 8EU
A workshop for people aged 50 and over. Discover new ways to navigate the world around you with Google Maps and Google Earth. **For more information, phone Age UK Waltham Forest on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Mobile Phone Clinics

Thursday 14 July, 2.30–4pm
Waltham Forest Resource hub (North), 58 Hall Lane, E4 8EU
Learn to use your mobile more confidently, send text messages, save numbers to your address book etc. Cost is £2 per person. **For more information, phone Age UK Waltham Forest on 020 8558 5512 or email e.tozer@ageukwalthamforest.org.uk.**

Culture and crafts

Highams Park Live

Thursday 23 June, 7–11pm
Upstairs at The County Arms, 420 Hale End Rd, Highams Park E4 9PB
Highams Park Live presents an acoustic evening of live music, poetry and live literature with an eclectic programme of songwriters, poets and storytellers. Performers are booked in advance – please contact info@highamparklive.co.uk. The event is free and if you want to be part of the audience then please come along on the night and be inspired by the creative atmosphere! **For more information visit www.highamparklive.co.uk.**

E17 Jazz

Tuesday 12 July, 8.30–10.30pm
Gnome House, 7 Blackhorse Lane, E17 6DS
The award winning E17 Jazz Collective presents concerts on the last Tuesday of each month featuring local musicians of

national renown, plus exciting guest stars in a relaxed jazz club setting. Entry £8 or £5 for concessions. Kids under 15 go free. **For more information visit www.e17jazz.com/whatson/.**

E17 Guitar Club

Saturdays, 12noon and 2.30pm
Hornbeam Café, 458 Hoe Street, E17 9AH
Guitar playing and performing fun for adults of all abilities. Playing groups and beginners' courses. Bass players and percussionists welcome. Pay £53 for a half term of six, 40 minute lessons. 12noon playing group drop-in £10. **Phone Christian on 07958 471 083, email chris@e17guitar.com or visit www.e17guitar.com.**

E17 Swedish language course

Mondays 8.30pm and Wednesdays 7.30pm
Hornbeam Café, 458 Hoe Street, E17 9AH
Learn Swedish in these beginners/intermediate and conversation courses classes. Relaxed, fun and productive for adults. Pay £195 for a term of thirteen 90 minute lessons (beginners) or £130 for thirteen 60 minute lessons in a small group. Individual lessons available. **Phone Christian Karlsson on 07958 471 083, email chris@e17swedish.com or visit www.e17swedish.com.**

E17 Designers' Shop

Wednesday to Sunday, 10am –5pm
Vestry House Museum, Vestry Road, E17 9NH
E17 Designers will feature in a concession at the Vestry House Museum, in time for the summer season! Jewellery, prints and accessories for sale by local designer-makers. **For more information visit www.e17designers.co.uk.**

Jewellery Making Workshop – Resin

Saturday 25 June, 10am–2pm
124 Farnan Avenue, E17 4NH
Why not try something different? Even seasoned jewellery makers will welcome this opportunity to make some funky and original pieces. All materials and refreshments are included in the £40 fee. Also coming up: Gemstone Bonsai, Polymer Clay, Shrink Plastic and more. No experience necessary. Small, friendly classes, booking essential. **For more workshops, and bookings, phone Birgit on 07910 251 629 or visit www.beyondbeading.co.uk.**

Held at Hucks #003

Sunday 26 June, 2pm
Hucks, Walthamstow, 81 Grove Road, E17 9BU
A monthly event that showcases singer songwriters playing their songs unplugged. This month's event includes We Used To Make Things, Harry Hepple and Harmony Knight. The event is free entry and open to all ages. **For more information, email info@hucks.org.uk.**

Children and young people

Ladybird School of Gymnastics

Saturdays, 9.15am–1pm and Mondays, 5.15–7.15pm
YMCA, 642 Forest Road, E17 5EF
Saturday classes include sessions for children aged two to four at 9.15am, for ages four to seven at 10am and ages eight and over at 11am and 12pm. First session costs £4 then £48 for 12 weeks. Monday classes include sessions for children aged four to seven at 5.15pm and for ages eight and over at 6.15pm. First session costs £4 then £48 for 12 weeks. Places are limited, so please book in advance. **Phone 07506 797 788 or email ladybirdschools-gymnastics@gmail.com.**

E17 Junior Guitar Club

Saturdays, different levels and times
Hornbeam Café, 458 Hoe Street, E17 9AH
Guitar playing fun and performing for children of all abilities, age 8 and over. Pay £53 for a half term of six 30 minute lessons. Different levels and times. Also weekday individual lessons after school near Wood Street. **Phone Christian Karlsson on 07958 471 083, email chris@e17guitar.com or visit www.e17guitar.com.**

Waltham Forest Youth Theatre

Every Saturday, 10.30am–12noon
Venue Forest Community Centre, Guildford Road, E17 4EA
We work towards group and individual Trinity College exams and to work on mimes, improvisation and drama games towards performing on a stage. These classes will help to build confidence. Our classes are managed and taught by qualified, experience and professional teachers. For children aged five to 10. £5.50 per session. **For further information phone Michael Michael on 07860 716 295, email mep@btclick.com or visit www.walthamforestyouththeatre.co.uk.**

Little Tigers Karate Club

Every Tuesday, 4.30–5pm
Nexus Centre, 3 Snowberry Close, E15 2AH
Our Little Tigers Club is specifically aimed at children aged three to five years. What separates our club from other children's martial arts based classes is that we emphasis 'Life Skills', respect for oneself and others, behaviour patterns at home and school, stranger danger alert and much more. Parents are welcome to join in to encourage their child at no extra cost. **For info, phone or text 07956 961 563 or 07853 177 950, email info@elskarate.co.uk or visit www.elskarate.co.uk.**

Acting Bugs

Mondays, 1.50–3.30pm
St John's Church Hall, Church Lane, E11 1HH

Fridays, 9.15–12noon

The Peterhouse Centre, 122 Forest Rise, E17 3PW
Interactive drama groups for preschool children with local TV actress and mum, Sam Seager, introducing preschool children and toddlers to drama in a fun and playful way. The sessions will get your little ones imagination buzzing, help develop focus and build confidence in a friendly and safe environment. Parents stay with their children through the session. Numbers strictly limited, so please email to book your free taster session. **Email info@actingbugs.co.uk or visit www.actingbugs.co.uk.**

Community Ward Forums

Cathall

Monday 20 June, 7–8.45pm
Drapers Field Pavilion, Temple Mills Lane, E10 2DD

Hale End and Highams Park

Monday 27 June, 7–9pm
Selwyn Primary School, 102 Cavendish Road, Highams Park, E4 9NG

Chingford Green and Endlebury

Monday 4 July, 7.30–9.30pm
Chingford Assembly Hall, Station Road, E4 7EN

Hoe Street

Monday 4 July, 7–8.30pm
St. Mary's Welcome Centre, The Parish Office, 8 Church End, E17 9RJ

Lea Bridge

Wednesday 6 July, 6.30–8pm
Lea Bridge Library, 382 Lea Bridge Road, E10 7HU

Council Meetings

Tuesday 21 June

Cabinet, 2pm
Budget and Performance Scrutiny Committee

Monday 27 June

Community Safety Scrutiny Committee

Tuesday 28 June

Audit and Governance Committee

Wednesday 29 June

Growth Scrutiny Committee

Thursday 30 June

Health Scrutiny Committee

All meetings are held at Waltham Forest Town Hall and start at 7.30pm, unless stated otherwise. Dates and times are subject to change.

More information on all Council meetings, including agendas and minutes, is available at www.walthamforest.gov.uk/councilmeetings

Tell us what's on

Email your event details to:

walthamforestnews@walthamforest.gov.uk

The deadline for Monday 25 July edition is **Friday 8 July**

Please note inclusion cannot be guaranteed, due to the high volume of requests received.

Please send your listing in the body of an email, formatted as shown on these pages.

To increase your chance of inclusion, please keep to a maximum of 80 words.

In brief



The Silver Line helpline offers friendship, advice and information to people aged 60 and over

The Silver Line

If you could give up a few hours of your free time each month to help older people fight loneliness and isolation, charity helpline The Silver Line wants to hear from you. The Silver Line is the UK's free, national and confidential helpline for people aged 60 and over. It is open 24 hours a day, seven days a week and offers advice, friendship and information. Research has shown that more than half of people aged 75 or over live alone, and one in ten suffers intense loneliness. In addition to the helpline, The Silver Line also offers telephone friendship – a weekly 30 minute call between an older person and a Silver Line volunteer, silver letters – a fortnightly exchange of letters between older people and a volunteer and Silver Circles – a call between a group of older people who share a common interest, taking place for 60 minutes each week.

• To find out more, visit www.thesilverline.org.uk or phone 0800 4 70 80 90. You can also email volunteering@thesilverline.org.uk.

Wetlands exhibition

The fascinating story of Walthamstow Wetlands is told through a new exhibition at Vestry House Museum (Vestry Road, E17 9NH) as it is transformed into the largest urban wetland nature reserve in Europe. Water and Life: The Story of Walthamstow Wetlands reveals the long and surprising history of the site through drawings, photographs, maps and archaeological finds. A project spearheaded by the Council and funded by the Heritage Lottery Fund, Thames Water and the Greater London Authority is currently underway to transform the site into a distinctive urban wetland reserve with a café, education centre, exhibition spaces and a viewing terrace. The new site will open to the public in spring 2017. The exhibition at Vestry House Museum, which runs until 16 October 2016, offers a sneak preview.

• For more information, visit www.walthamforest.gov.uk/vestry-house-museum.

Music Service hits the right note



Young musicians from Waltham Forest rehearse for a concert at the Barbican

- Waltham Forest Music Service helps young musicians to shine
- Borough gearing up for festival celebrating musical achievement

Young people across the borough are discovering the joy of music through a service designed to encourage wannabe musicians and nurture musical talent.

Waltham Forest Music Service offers a wide variety of opportunities for young people to pick up and play a musical instrument – whether they're just starting out or looking to hone their skills.

The service runs a Music School at the end of the normal school day, selected free beginner and foundation group classes, instrumental and vocal tuition and instrument hire at an affordable price – and more besides.

Many of the musicians benefitting from the service can choose to take part in public performances, should they wish. Recently groups from Waltham Forest have performed in concerts at the Barbican and Cadogan Hall in central London.

Next month, Walthamstow Assembly Hall (Town Hall Complex, Forest Road, E17 4JF) will host the two-day Waltham Forest Music Festival. The annual festival – a

person or free for under 16s.

Nine-year-old Vincent, a local violinist, told Waltham Forest News: "The festival is loads of fun because there are lots of orchestras and

"I really enjoy the music service. I've made some great friends."

celebration of musical achievement – features more than 1,000 children from local schools performing at four concerts over two days, starting on Tuesday 5 July and finishing on Wednesday 6 July.

The young musicians have been working hard to perfect the pieces they will play – from samba to soul; they will be varied in style and pace. The performances take place from 10.30am to 11.15am and from 2pm to 3pm on the Tuesday and from 1pm to 2pm and from 7pm to 9pm on the Wednesday. Tickets are available on the door for a suggested donation of £3 per

groups performing and there's loads to listen to."

Any young person wanting to get involved with the music service can do so either by speaking to the Music Co-ordinator in their school or by contacting the Music School directly. The school runs on Monday to Thursday evenings and Saturday mornings during term time. It offers individual tuition, theory tuition and ensemble opportunities to children living in or in education in Waltham Forest.

Twelve-year-old local musician, Sofia Augsburg-Salmen, said: "I really enjoy the music service

because I've made some great friends and I've had a lot of fun."

Waltham Forest Music Service offers children and young people from all backgrounds the opportunity to learn an instrument, to learn to sing, to make music with others and to fulfil their potential in music.

Children have the opportunity to hear and perform with professional musicians and other young people through partnerships with the London Symphony Orchestra, London Chamber Orchestra, the Barbican and others.

There is also a popular music-making session for babies and toddlers for which parents can register their interest.

Get involved

To find out more about what's on offer through the music service, visit www.walthamforest.gov.uk/music-service or email Music.Service@walthamforest.gov.uk.

Leyton



Charlie Neal first took part in the 'Fall for the Fallen' parachute jump in 2015. He will jump again on Saturday 2 July. Photo thanks to Blesma

Falling for the Fallen

- 80-year-old Charlie Neal parachutes from 13,500ft next month
- Army veteran is fundraising for limbless servicemen

Local man, Charlie Neal, is calling on residents to help him raise money for a charity that supports servicemen and women who have suffered the life-changing loss of a limb or loss of sight.

And the thing that makes his efforts all the more extraordinary? Charlie will be just weeks away from his 81st birthday when he completes a charity parachute jump on Saturday 2 July.

"I was the oldest person to do the jump last year, and I think it's safe to say I am probably going to be the oldest this year, too!" said Charlie.

"But I've heard of a 90-year-old lady doing a jump in the USA, and a 100-year-old ex-paratrooper parachuted onto the Arnhem Road Bridge in Holland, so you never know!"

"I raised £915 last year, so it would be wonderful if I could do even more this year."

Blesma, The Limbless Veterans, began after the First World War. Around 40,000 servicemen lost limbs or eyes in the conflict. When

they returned home, 90 per cent could not find work.

The limbless gathered together; determined if society would not help them, they would help themselves. The association achieved national status in 1932 as the British Limbless Ex-Service Men's Association – Blesma.

Blesma offers advice, activities, grants for home adaptations, help finding employment, advocacy and residential and respite care.

Its 'Fall for the Fallen' charity tandem parachute jump takes place at the Army Parachute Association, Wiltshire, on Saturday 2 July. This year's event marks the 100th anniversary of the Battle of the Somme, one of the largest battles of World War One, in which more than 1,000,000 were killed or wounded.

A permanent tribute to Jack Cornwell, the youngest naval officer to be awarded a Victoria Cross, was unveiled in Leyton Coronation Gardens last month. Jack, a Leyton resident, was just 16 years old when he died during the Battle of Jutland.

Charlie said: "I attended the

service for Jack Cornwell last month and it was wonderful how many people turned out.

"He was a Leyton boy, too, and I want to do my bit to remember him. When I do my jump, I'm going to have a picture of Jack in my pocket so he can come down with me."

Charlie himself completed basic army training and the Parachute Course when he was just 17 years old. Three weeks after his 18th birthday he was sent to Egypt with the Royal Army Service Corps in 1953.

Charlie has been in his current home for more than 34 years and lived with his wife, June, until she sadly passed away in 2013. The couple were married for 56 years.

Charlie said: "There are lots of neighbours who are real good friends and I'm so grateful to be able to say that. I like living here, as we are all tight and together, regardless of the fact that we have different backgrounds."

So what makes a man jump out of a plane for the first time in decades?

Charlie said: "I do it for two reasons; one is that I want to raise money for all those lads who have been seriously injured. The second is because I love it! It's just magic.

"If I had the chance, I'd do it every week! It's a brilliant experience that I think everyone should be able to have.

"It's also a good way to get over a fear of heights. You're strapped to a very experienced ex-paratrooper who knows exactly what they are doing. And once you've jumped from a plane two miles up, a tall building won't seem as bad anymore!"

Donate now

To donate to Charlie's campaign, phone Blesma on **020 8548 7089** and quote reference number 6289 to credit the donation to Charlie's campaign. You can also make an online donation at **www.blesma.org/donate**. Please remember to make a note of Charlie's name and reference number in the 'comments' box.

In brief



AFC Leyton Girls has teams for ages nine to under 18

AFC Leyton Girls

Young female footballers are celebrating the news that their club has secured funding of £3,000 from the Football Foundation's 'Grow the Game' scheme to encourage more local girls to take up the sport. AFC Leyton Girls, which has teams aged from under nines to under 18s, plays in the Essex County League and Capital Girls League. The funding was provided by the Premier League and the Football Association (FA) and is allocated to projects that use football to increase participation by both players and volunteers, especially among under-represented groups. The money can be spent on facility hire, helping volunteers earn FA coaching qualifications, referees' fees, CRB checks, league fees and more. The team is also set to represent Team Waltham Forest at the annual London Youth Games, which will take place at the National Sports Centre in Crystal Palace on Sunday 3 July. The girls won the competition last year, and are looking to retain their championship at this year's event.

• **For more information on AFC Leyton Girls, email afcleytongirls@outlook.com**

Biodiversity Action Team

If you would like to get involved in maintaining local green spaces and want to learn some new skills, The Conservation Volunteers (TCV) are keen to hear from you. TCV's Biodiversity Action Team helps manage some of East London's best nature conservation sites and meets at 1a Connaught Close, E10 7QS every Tuesday, Wednesday and Thursday at 9.30am. Projects can include managing woodlands and creating new habitats for wildlife. Training and instruction will be given, so no previous experience is needed. With projects running throughout the year, there are plenty of opportunities for you to join in, help improve your local open spaces and get some exercise in the fresh air at the same time. You can meet new people, learn new skills and discover hidden places.

• **For more information, email t.nandi@tcv.org.uk or phone 020 8533 8022.**

In brief



Waltham Forest has been selected as a 'Maternity Choice and Personalisation Pioneer'

Improving maternity services

Local families are set to enjoy better maternity services in the future, with the announcement that the Waltham Forest, Newham and Tower Hamlets Clinical Commissioning Groups (CCGs) have been selected as 'Maternity Choice and Personalisation Pioneers' by NHS England. The areas are among seven to have been chosen nationally to develop and test new approaches for improving maternity care, such as setting up a pregnancy helpline, using neighbourhood midwives who will work as a social enterprise alongside existing maternity services and making regular contact with women to offer advice and support through all stages of pregnancy. These will be adopted nationally, if the pilot proves successful. The scheme is aligned with the Transforming Services Together (TST) programme, which aims to improve local health and social care in Waltham Forest, Newham and Tower Hamlets.

• For more information, visit www.transformingservices.org.uk

Helping young carers

A new partnership between housing association, L&Q, and the Waltham Forest Youth Service will aim to identify and support more than 40 young carers living in the borough. L&Q Young Carers will work with 60 schools across eight London boroughs to identify those who would benefit from extra help, and make sure that young carers are receiving appropriate support services. Around six to eight schools will be chosen in Waltham Forest, based upon their proximity to L&Q managed homes. Young carers are those who are responsible for looking after a parent, guardian or relative who has poor mental or physical health or alcohol or drug dependency. Research has shown that young carers' extra responsibilities at home can lead to them falling behind their peers socially and academically. The scheme is possible thanks to a grant of £440,000 from the L&Q Foundation.

• For more information, visit www.lqgroup.org.uk

Commitment to dementia care

- Residents with dementia have access to a range of support services
- Council-run initiatives help people with dementia socialise and stay active



Elvis impersonator, Sal Bashir, entertained residents at an event at Walthamstow Town Square during Dementia Awareness Week

Daily support is available to Waltham Forest residents with dementia, as the Council looks to do all it can to help those living with the condition to remain independent and active.

More than 80 people who have dementia currently receive help from the borough's in-house Day Opportunities care service every day. For some this support comes in the form of home visits, while others access the service through the communal areas of their care home or supported living scheme.

Dementia care officers are tasked with helping those living with dementia remain independent by following daily routines, and continue being active community members with regular opportunities to spend time with friends and family. Officers work closely with local health partners, as well as with family and friends, to help those with dementia stay healthy.

The Day Opportunities service arranges activities and events, such as tea dances to remind service users of days gone by. It has also given them chances to try out new things, like digital technology.

Ivy, who has dementia and lives in supported housing in Waltham Forest, lived and worked in Walthamstow during the Second World War. As part of a digital project for older and vulnerable adults, she was given support using computers and tablet devices – and for several months she saw excerpts of the diary she kept when she was 18 years old published on Twitter.

Last month, with support from Alzheimer's Society and Waltham Forest Dementia Action Alliance, the Council organised a range of activities as part of Dementia Awareness Week.

One headline events was the launch of Vintage Tales Art

Exhibition at Gnome House (Blackhorse Lane, E17 6DS). Throughout spring the Council ran a series of art workshops in venues across the borough, open to all including people living with dementia. Drawing inspiration from vintage fashion, participants worked with local artist Anna Alcock to bring their memories to life in this special exhibition.

As part of the week, an original Routemaster bus also toured the borough to invite passers-by to take part in an interactive show with music, memories and comedy. The week ended with a big celebration in Walthamstow Town Square featuring music, dance, sing-a-longs and dressing up.

Cllr Angie Bean, Waltham Forest Council's Cabinet Member for Adult Services, said: "It's widely predicted that a growing and ageing population will increase the prevalence of dementia, which is

why we're so committed to doing what we can to ensure support services are in place and working successfully.

"Dementia can be frightening and confusing for those living with it, in turn leading to a loss of confidence. We work closely with partner organisations and the friends and family of our residents who have dementia to combat the social exclusion and discrimination that people living with dementia have historically experienced.

"And Waltham Forest residents can do their bit to help too, by becoming one of the Alzheimer's Society's Dementia Friends and helping to create communities in which people living with dementia feel more understood and included."

Be a Dementia Friend

Residents are being called upon to help make life easier for people with dementia. The Alzheimer's Society 'Dementia Friends' initiative aims to create a more dementia-friendly society. It has been set up to give a greater understanding of dementia and the things people can do to make a difference to those living with the condition. You can become a Dementia Friend by watching a short video online or attending a face to face 'awareness session' run by Dementia Friends Champions.

More info

For more information on adult social care, visit www.walthamforest.gov.uk/careandsupport. Anyone concerned about memory problems should speak to their GP and request a referral to The Memory Clinic. If you would like to make a difference, why not consider volunteering? Email volunteersASC@walthamforest.gov.uk to find out more.

Planning

London Borough of Waltham Forest Notice of Application for Planning Permission

Town and Country Planning (General Development Procedure) (England) Order 2010

Notice under Article 13

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL. NO 161647

APPLICANT Newlon Housing Trust
ADDRESS Land Adjacent 132, Dunedin Road, Leyton, E11 3PA

PROPOSAL Construction of four blocks ranging in height from 2 to 16 storeys to form 84 residential units (32 x 1 bed, 34 x 2 bed, 18 x 3 bed), with associated communal and private amenity spaces, 27 car parking spaces, 135 cycle parking spaces, bin storage facilities, site landscaping and associated highways alterations.

The application is available to view on the following website:

www.walthamforest.gov.uk/planning-search

or follow these simple steps:-

1: Go to www.walthamforest.gov.uk

2: Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 20th June 2016

**Rob Bristow, Head of Development
Management and Building Control
London Borough of Waltham Forest**

London Borough of Waltham Forest Notice of Application for Planning Permission

Town and Country Planning (General Development Procedure) (England) Order 2010

Notice under Article 13

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL. NO 161661

APPLICANT Mr N Williams
ADDRESS Social Services Office, 47 Gainsford Road, Walthamstow, London, E17 6QB

PROPOSAL Demolition of existing buildings and the erection of a part-two, part-three and part-four storey building to provide in total 45 one-bedroom residential

units (Use Class C3) with associated communal and private amenity spaces, residents cycle parking, bin storage facilities, site landscaping and associated highways alterations.

The application is available to view on the following website:

www.walthamforest.gov.uk/planning-search

or follow these simple steps:-

1: Go to www.walthamforest.gov.uk

2: Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 20th June 2016

**Rob Bristow, Head of Development
Management and Building Control
London Borough of Waltham Forest**

London Borough of Waltham Forest Notice of Application for Planning Permission

Town and Country Planning (General Development Procedure) (England) Order 2010

Notice under Article 13

Notice is Hereby Given that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL. NO 161705

APPLICANT Legal & General Property Limited

ADDRESS Ferry Lane Industrial Estate, Wickford Way, Walthamstow, E17 6HG

PROPOSAL Redevelopment of the site to provide 440 residential units (use class C3) and 2069sqm of flexible commercial / community floorspace (Use classes A1-A4 / B1/D1/D2) in five new buildings (A-E) ranging from 2 to 16 storeys in height with associated plant at roof level, together with associated car parking, open space, landscaping and public realm works. PLEASE NOTE: This proposal is an Environmental Impact Assessment (EIA) development which has been accompanied with an Environmental Statement (ES). The submitted ES can be viewed online on the London Borough of Waltham Forest planning website. Paper copies of the ES documents can be provided at a cost, via WSP (a hard copy of documents would cost £350 plus VAT, whilst an electronic version on a CD would be £25 plus VAT (including postage and packaging) per CD). The application is available to view on the following website:

www.walthamforest.gov.uk/planning-search

or follow these simple steps:-

1: Go to www.walthamforest.gov.uk

2: Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 20th June 2016

**Rob Bristow, Head of Development
Management and Building Control
London Borough of Waltham Forest**

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a listed building has been made to the Council.

APPL. NO 161397

APPLICANT Mr Mark James

ADDRESS Red Oak Lodge, 17 Thorne Close, Leytonstone, London, E11 4HU

PROPOSAL An application for listed building consent for construction of a replacement boundary fence and outbuilding at Red Oak Lodge, Thorne Close, E11

The application is available to view on the following website:

www.walthamforest.gov.uk/planning-search

or follow these simple steps:-

1: Go to www.walthamforest.gov.uk

2: Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 20th June 2016

**Rob Bristow, Head of Development
Management and Building Control
London Borough of Waltham Forest**

London Borough of Waltham Forest Planning (Listed Buildings and Conservation Areas) Act 1990 – Section 67

Notice is Hereby Given that the following application affecting a building within a conservation area has been made to the Council.

APPL. NO 161008

APPLICANT Mr Jas Gujral

ADDRESS 20 Forest Glade, Leytonstone, London, E11 1LU

PROPOSAL Single storey rear extension

and loft conversion with rear dormer window and two roof-lights at front

The application is available to view on the following website:

www.walthamforest.gov.uk/planning-search

or follow these simple steps:-

1: Go to www.walthamforest.gov.uk

2: Click on 'planning applications' (under most popular)

3: Click on the green text 'search for planning applications'

Any views you would like to make for the above proposal, must be submitted in writing to the Council within 21 days of the date of this letter. Due to the number of correspondence (letters, emails etc) received by the Council relating to planning applications, it will not be possible to acknowledge or respond to your correspondences should you submit any. However, all views/comments received are fully considered during the assessment of the planning application. Please note that the planning file, including correspondence received for the application, **are open** to the public.

Dated this day 20th June 2016

**Rob Bristow, Head of Development
Management and Building Control
London Borough of Waltham Forest**

Highways

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (LEYTONSTONE TOWN CENTRE) (VARIOUS TEMPORARY MEASURES) (NO. 1) ORDER 2016 (TT24(16))

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on **20th June 2016** it made an Order to initiate cycle and pedestrian friendly highway improvements, a revision of existing and new point road closures, traffic calming and other various measures in a safe and efficient manner, within the Leytonstone region – between Hainault Road, Whipps Cross Road, Bushwood and High Road Leytonstone station.

2. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to prohibit vehicles (except works vehicles) from:-
(a) entering, proceeding, waiting or loading, for any purpose, at any time, in the roads or sections of roads mentioned in Schedule 1 to this notice;

(b) waiting or loading, for any purpose, at any time, in the roads or sections of roads mentioned in Schedule 2 to this notice

(c) proceeding at any time in any direction other than from west to east in **Burghley Road E11**; and
(d) entering **Burghley Road E11** where entry to that road is prohibited by a no-entry sign plate situated at the junction of Leytonstone High Road.

3. Whilst the Order continues in operation and only when regulatory signs are in place the one-way traffic operation to vehicles in the roads or sections of roads mentioned in Schedule 3 to this notice are hereby

temporarily suspended.

4. Whilst this Order continues in operation and only when regulatory signs are in place the no-entry prohibition to vehicles in **Harrington Road E11**, at its junction with Burghley Road E11 is hereby temporarily suspended.

5. Vehicular access to properties affected by these temporary measures will be maintained wherever possible, subject to the extent and operation of the closures.

6. Vehicles waiting or loading in disregard of this Order would be removed.

7. Whilst the prohibitions referred to in paragraph 2 above remain in force, advance warning signage and alternative routes for traffic shall be in place.

8. The restrictions mentioned in paragraph 2 above will not apply in relation to any vehicle being used:

(a) in connection with the said works; or
(b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.

9. The Order will come into operation on **20th June 2016** and will be valid for 18 months, or until the said works are completed, whichever is the sooner.

Note: Please note a correction to paragraph 2.(c) in the Notice of Making published on 6th June 2016 in issue 162 of Waltham Forest news for an Order prohibiting vehicles entering or proceeding in Browning Road E11 at its junction with High Road Leytonstone (HRL) (ref TT22(16)). The prohibition to vehicles should be for 12 metres from its junction with HRL and not 17 metres as stated.

Dated 20th June 2016
**Mr K Valavan, Head of Highways
and Infrastructure, Neighbourhoods
Directorate, Low Hall, Argall Avenue,
London, E10 7AS**

Schedule 1
• between the junction and a distance of 30 metres **within any road adjoining both (all) sides of High Road Leytonstone (all adjoining roads between Leytonstone High Road station and Bushwood** (inclusive) (excluding Browning Road E11, Grove Road E11 and Church Lane E11)); and

• between the junction and a distance of 30 metres **within any road adjoining both sides (all) of Grove Green Road E11 (all adjoining roads between Scarborough Road and Kingswood Road** (inclusive of these roads)

• Fairlop Road E11 – at its junction with Clarendon Road

Schedule 2

Bus station forecourt off Grove Green Road E11, Barclay Road E11, Browning Road E11 (the remainder of), Burghley Road E11, Gainsborough Road E11, Grove Road E11, Grove Green Road E11, Hainault Road E11, Hartley Road E11, Harvey Road E11, Leybourne Road E11, Leyspring Road E11, Mornington Road E11.

Schedule 3

Aylmer Road E11, Barclay Road E11, Carlton Road E11, Harrington Road E11, Harold Road E11, Harvey Road E11, and Southwest Road E11.

LONDON BOROUGH OF WALTHAM FOREST

ROAD TRAFFIC REGULATION ACT 1984 – SECTION 14(1)

THE WALTHAM FOREST (VARIOUS

ROADS) (CONTROLLED PARKING ZONE AND VARIOUS ROAD MARKING) (TEMPORARY RESTRICTION ON WAITING AND LOADING) (NO. 1) ORDER 2016 – TT25(16)

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 20th June 2016 it made an Order to enable road marking works to be carried out in a safe and efficient manner in certain roads;
2. The general effect of the Order will be, only at such times and to such extent as regulatory signs are displayed, to restrict waiting and loading by vehicles (except works vehicles), at any time, in the roads listed in the Schedule to this Notice.
3. Vehicles waiting or loading in disregard of this Order will be removed.
4. The restrictions mentioned above will not apply in relation to any vehicle being used:
 - (a) in connection with the said works; or
 - (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
5. The Order will come into operation on **20th June 2016** and will be valid for a maximum period of 7 months, or until the works are completed whichever is the sooner.

NOTE: *These works would not be carried out simultaneously in all roads but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the restrictions and effects of any temporary traffic management.*

Dated 20th June 2016

Mr K Valavan, Head of Highways and Infrastructure, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

Schedule

Lloyd Park North Extension (LPN Ex) CPZ roads restricted to vehicles:

Brettenham Road E17, Pennant Terrace E17 (between Elphinstone Road E17 and Priory Court E17), Penrhyn Avenue E17 (between Keith Road E17 and Ardleigh Road E17), Rushbrook Crescent E17 and Thorpe Crescent E17.

Market West Extension (MW Ex) CPZ roads restricted to vehicles:

Ashford Close E17, Betts Mews E17, Brighton Avenue E17, Callis Road E17, Camden Road E17, Campus Road E17, Gosport Road E17 (between Hove Avenue E17 and Ringwood Road E17), Hove Avenue E17, Queens Road E17 (between Markhouse Road E17 and No. 122), Ringwood Road E17 and Tennyson Road E17.

Cann Hall Extension (CH Ex) CPZ roads restricted to vehicles

Blenheim Road E15, Cann Hall Road E11 (between Tavistock Road E7 and Steele Road E11), Devonshire Close E15, High Road Leytonstone E11 (Selby Road E11 and Steele Road E11), Napier Road E11 (between Ranelagh Road E11 and Selby Road E11), Ramsay Road E7 (between Tavistock Road E7 and Blenheim Road E15), Ranelagh Road E11, Tavistock Road E7 and Worsley Road E11.

Manor Road (MR) CPZ roads restricted to vehicles

Cambrian Road E10, Canberra Path E10, Gloucester Mews E10, Gloucester Road E10, Liliun Mews E10, Malta Road E10, Manor Road E10 (between Lea Bridge Road E10 and Capworth Street E10), Melbourne

Road E10, Palamos Road E10, Queens Drive E10, Shortlands Road E10, Vicarage Road E10 (between Lea Bridge Road E10 and Capworth Street E10), Waterloo Road E10 and Whitney Road E10.

Lea Bridge Road (LBR) CPZ roads restricted to vehicles

Argall Way E10, Belvedere Road E10, Bloxhall Road E10, Blyth Road E17, Bridge Road E17, Burwell Road E10, Elm Park Road E10, Flempton Road E10, Heybridge Way E10, Hitcham Road E17, Kettlebaston Road E10, Lea Bridge Road E10 (between Burwell Road E10 and Dagenham Road E10), Liden Close E17, Markmanor Avenue E17, Morieux Road E10, Overton Road E10, Perth Road E10, Sanderstead Road E10, Seymour Road E10, St Helens Place E10, Staffa Road E10 and Wellington Road E10.

Various locations

Foresters Drive E17, Morgan Avenue E17, Salters Road E17, The Risings E17

LONDON BOROUGH OF WALTHAM FOREST

EXPERIMENTAL Extension of:

LLOYD PARK NORTH (LPN) CONTROLLED PARKING ZONE (T25a(16)),

MARKET WEST (MW) CONTROLLED PARKING ZONE (T25d(16))

AND CANN HALL (CH) CONTROLLED PARKING ZONE (T25b(16))

and introduction of MANOR ROAD (MR) CONTROLLED PARKING ZONE (T25c(16))

1. NOTICE IS HEREBY GIVEN that the London Borough of Waltham Forest (the Council) on **20th June 2016** made:

- (a) The Waltham Forest (Lloyd Park North CPZ Extension) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 11) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 12) Experimental Order 2016;
 - (b) The Waltham Forest (Market West CPZ Extension) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 13) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 14) Experimental Order 2016;
 - (c) The Waltham Forest (Cann Hall CPZ Extension) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 15) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 16) Experimental Order 2016;
 - (d) The Waltham Forest (Manor Road CPZ) (Parking Places) (No. 1) Experimental Order 2016, The Waltham Forest (Charged-For Parking Places) (Amendment No. 17) Experimental Order 2016 and The Waltham Forest (Free Parking Places, Loading Places and Waiting, Loading and Stopping Restrictions) (Amendment No. 18) Experimental Order 2016,
- under sections 9 and 10 of the Road Traffic Regulation Act 1984.

The Orders referred to in:

- (i) paragraph 1(a) above will come into force on **11th July 2016**;
- (ii) paragraph 1(b) above will come into force on **18th July 2016**;

(iii) paragraph 1(c) above will come into force on **25th July 2016**;

(iv) paragraph 1(d) above will come into force on **1st August 2016**, and may continue in force for up to 18 months.

2. The general effect of the Orders referred to in paragraph 1(a) above will be, as an experiment, to:-

- (a) extend the existing boundary of the **Lloyd Park North (LPN)** Controlled Parking Zone (CPZ) to include **Brettenham Road E17**, **Pennant Terrace E17** (between North Countess Road and Elphinstone Road), **Rushbrook Crescent E17**, **Thorpe Crescent E17** and **Penrhyn Avenue E17** (between Thorpe Crescent and a point 12 metres east of the eastern kerb-line of Ardleigh Road);
 - (b) introduce new permit holder parking places and waiting restrictions into the streets and parts of streets mentioned in paragraph 2(a) above; and
 - (c) introduce new free short stay parking places into: (1) **Brettenham Road E17**: (i) north side, adjacent to No. 325 Chingford Road; and (ii) south side, adjacent to No. 323 Chingford Road; and (2) **Rushbrook Crescent E17**, (east side, outside Nos. 8 and 8a Rushbrook Crescent), *with a maximum stay of 30 minutes and no return within 2 hours*; and
 - (d) on the south-east side of Lea Bridge Road (LBR) convert single yellow lines waiting restrictions operating between Mon – Sat 7 am to 10 am and 4pm to 7pm to “at any time” waiting restrictions at the following locations: between the north-eastern wall of No. 382 (public library) to the common boundary of Nos. 384 and 386 LBR; between the common boundaries of Nos. 454/456 and Nos. 458 /460 LBR; between a point 8 metres south-west of the south-west kerb line of Vicarage Road and the common boundaries of Nos. 494/496 LBR; between the common boundaries of Nos. 538/540 and Nos. 542/ 544 LBR between the common boundaries of Nos. 518/520 and Nos. 522/524 LBR; between the common boundaries of Nos. 538/540 and Nos. 542/ 544 LBR and between the common boundaries of Nos. 558/560 and the north-east wall of Nos. 552 to 584 LBR.
3. The general effect of the Orders referred to in paragraph 1(b) above will be, as an experiment, to:-
- (a) extend the existing boundary of the **Market West (MW)** Controlled Parking Zone (CPZ) to include **Ashford Close E17**, **Brighton Avenue E17**, **Callis Road E17**, **Camden Road E17**, **Campus Road E17**, **Gosport Road E17** (between Ringwood Road and the common boundary of Nos. 76 and 78 Gosport Road), **Hove Avenue E17**, **Queens Road E17** (between Markhouse Road and the eastern boundary of Edinburgh Primary School), **Ringwood Road E17** and **Tennyson Road E17**;
 - (b) introduce new permit holder parking places and waiting restrictions into the streets and parts of streets mentioned in paragraph 3(a) above; and
 - (c) introduce new free short stay parking places into **Tennyson Road, E17** (north-east, adjacent to No. 166 Queen’s Road and south-west side, adjacent to No. 168 Queen’s Road), *with a maximum stay of 30 minutes and no return within 2 hours*.
4. The general effect of the Orders referred to in paragraph 1(c) above will be, as an experiment, to:-

- (a) extend the existing boundary of the **Cann Hall (CH)** Controlled Parking Zone (CPZ) to include **Blenheim Road E15**, **Cann Hall Road E11** (between Steele Road and the common boundary of Nos. 134 and 136 Cann Hall Road), **Devonshire Close E15**, **High Road**, **Leytonstone** (between the south-western boundary of Jubilee Gardens and the party wall of Nos. 220/332 High Road Leytonstone), **Napier Road E11** (between Ranelagh Road and Selby Road), **Ramsay Road E7** (between Tavistock Road and Blenheim Road), **Ranelagh Road E11**, **Tavistock Road E11** and **Worsley Road E11**;
 - (b) introduce new permit holder parking places and waiting restrictions into the streets and parts of streets mentioned in paragraph 4(a) above; and
 - (c) introduce new free short stay parking places into: (1) **Cann Hall Road E11** (south-east side, on the footway outside Nos. 139/141 Cann Hall Road; and (2) **Tavistock Road E11**, (south-west side, adjacent to No. 143 Cann Hall Road), *with a maximum stay of 30 minutes and no return within 2 hours*.
5. The general effect of the Orders referred to in paragraph 1(d) above will be, as an experiment, to:-
- (a) Provide a Controlled Parking zone to be called **Manor Road (MR)** Controlled Parking Zone (CPZ) which will include **Cambrian Road E10**, **Canberra Path E10**, **Gloucester Road E10**, **Malta Road E10**, **Manor Road E10** (between Lea Bridge Road and Capworth Street), **Melbourne Road E10**, **Palamos Road E10**, **Queens Drive E10**, **Shortlands Road E10**, **Vicarage Road E10** (between Lea Bridge Road and Capworth Street), **Waterloo Road E10** and **Whitney Road E10**;
 - (b) introduce new permit holder parking places and waiting and loading restrictions into the streets and parts of streets mentioned in paragraph 5(a) above; and
 - (c) introduce new free short stay parking places into: (1) **Gloucester Road E10** (north-west side, opposite Nos. 2 and 4 Gloucester Road); (2) **Shortlands Road E10** (north-east side, adjacent to Nos. 562 to 584 Lea Bridge Road; and (3) **Whitney Road E10**, (north-east side, adjacent to No. 522 Lea Bridge Road and south-west side, adjacent to No. 520 Lea Bridge Road), *with a maximum stay of 30 minutes and no return within 2 hours*.
6. The Orders will provide that –
- (a) the operational hours for:
 - (i) the permit parking places in the extended **MW** CPZ and the free short stay parking places and the permit parking places in:
 - (A) the extended **CH** CPZ; and
 - (B) the new **MR** CPZ,
 will be between **8 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive**;
 - (ii) the free short stay parking place in the extended **MW** CPZ will be between **7 a.m. and 7 p.m. on Mondays to Saturdays inclusive**;
 - (iv) the free short stay parking places and the permit parking places in the extended **LPN** CPZ will be between **8 a.m. and 9 p.m. on Mondays to Saturdays inclusive**;
 - (b) virtual residents’ permits, business/charity permits, visitors’ permits, school parking permits, virtual and hard-copy residents’ foreign vehicle permits and essential user/carers permits may be issued, on payment of the appropriate charge as specified in paragraph 8 below, to a person

who is the keeper of a passenger vehicle (having 8 passenger seats or less), certain goods carrying vehicles and invalid carriages, (motor cycles will be able to park in permit parking places free of charge, without the need of a parking permit) providing that in the case of -

- (i) a virtual residents’ permit, they are a resident of a property eligible to purchase permits as listed in a Schedule to this Notice and their vehicle is UK registered to that address;
- (ii) a foreign vehicles residents’ permit (hard-copy/virtual), they are a resident of a property eligible to purchase permits as listed in a Schedule to this Notice and their vehicle is registered outside of the UK;
- (iii) a business/charity permit/business visitor’s permit, they have a business in a property eligible to purchase permits as listed in a Schedule to this Notice and that the permit is for a vehicle which is essential to the operation of that business/charity and is used in the purchase and sale of goods or services in connection with that business/charity;
- (iv) an essential users/carers permit, they are a doctor or carer who has a surgery in or works in the London Borough of Waltham Forest, or employed by or contracted to the Council, or employed by or contracted to the Metropolitan Police, or employed by the London Fire and Civil Defence Authority, or a company that provides fire fighting appliances and for whom the use of a vehicle is essential to the carrying out of their public service duties in a street or part of a street specified in paragraph 2(a), 3(a), 4(a) or 5(a) above;
- (v) a visitors’ permit, they are a resident of a street or part of a property eligible to purchase permits as listed in a Schedule to this Notice and that such permit is to be used by a bona fide visitor to their home;
- (vi) a schools parking permit, they are a parent of a student enlisted at a school situated in or near a street or part of a street specified in paragraph 2(a), 3(a), 4(a) or 5(a) above;
- (c) vehicles displaying any valid permit displaying the letters:
 - (i) **LPN** may use any of the permit parking places provided in the streets and parts of streets specified in paragraph 2(a) above;
 - (ii) **MW** may use any of the permit parking places provided in the streets and parts of streets specified in paragraph 3(a) above;
 - (iii) **CH** may use any of the permit parking places provided in the streets and parts of streets specified in paragraph 4(a) above;
 - (iv) **MR** may use any of the permit parking places provided in the streets and parts of streets specified in paragraph 5(a) above;
 - (d) other than in the permit parking places or the free short stay parking places:
 - (i) referred to in paragraphs 2(b) and (c) above, waiting by vehicles will be restricted **at any time** in all other parts of streets within the extended part of **LPN** CPZ, except where waiting will be restricted between 8 a.m. and 9 p.m. on Mondays to Saturdays inclusive in **Rushbrook Crescent**, west side, outside No. 11 Rushbrook Crescent and Thorpe Crescent outside Nos. 18 and 20 Thorpe Crescent;
 - (ii) referred to in paragraphs 3(b) and (c) above, waiting by vehicles will generally be restricted between **8 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive** in all other parts of streets within the **MW**

CPZ; except where **at any time** waiting restrictions currently apply or where they will apply in **Ringwood Road** [on the south-east side: (1) across the access to the rear of 2 to 8 Ringwood Road; (2) outside No. 42 Ringwood Road; and (3) outside No. 143 Ringwood Road]; and **Hove Avenue** [on the north-west and north side – (across the path between Nos. 81/83 and 85/87 Hove Avenue)];

(iii) referred to in paragraphs 4(b) and (c) above, waiting by vehicles will generally be restricted between **8 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive** in all other parts of streets within the **CH CPZ**; except where **at any time** waiting restrictions currently apply or where they will apply in **Cann Hall Road** E11, both sides: (1) outside and opposite Nos. 130 to 134 Cann Hall Road; and (2) between Steele Road and the party wall of Nos. 102 and 104 Cann Hall Road; **High Road Leytonstone** (a) north-west side, between No. 321 and No. 334 High Road Leytonstone; and **Napier Road** E11 (a) south side of the junction of Elsham Road and Napier Road; and (b) east side: (1) opposite No. 12 Napier Road; and (2) opposite No. 6 Napier Road.

(iv) referred to in paragraphs 5(b) and (c) above, waiting by vehicles will generally be restricted between **8 a.m. and 6.30 p.m. on Mondays to Saturdays inclusive** in all other parts of streets within the **MR CPZ**; except where **at any time** waiting restrictions currently apply or where they will apply **at all road junctions within the CPZ, in several locations across accesses to off street facilities** and in **Canberra Path** E10 (whole length), **Queens Drive** E10 (north-west side, between Manor Road and the north-eastern boundary of No. 13 Queens Drive), **Gloucester Road** E10 (west side, between Lea Bridge Road and No. 20 Gloucester Road and east side between Nos. 22 and 24 Gloucester Road); and **Waterloo Road E10** (north-west side, between its south-western extremity and the common boundary of Nos. 73 and 75 Waterloo Road)

7. The properties specified in:
- (i) **Schedule 1** to this Notice will be eligible in respect of permits to park in **LPN CPZ**;

(ii) **Schedule 2** to this Notice will be eligible in respect of permits to park in **MW CPZ**;

(iii) **Schedule 3** to this Notice will be eligible in respect of permits to park in **CH CPZ**;

(iv) **Schedule 4** to this Notice will be eligible in respect of permits to park in **MR CPZ**.
8. The charges for permits and vehicle class will be as follows (see table below).
9. Where it appears necessary for certain purposes, an authorised officer of the Council may, in pursuance of section 10(2) of the Road Traffic Regulation Act 1984, modify or suspend any provision of the experimental Traffic Orders while they are in force.
10. Documents giving more detailed particulars of the Orders are available for inspection between 9.30 am and 4.30 pm on Mondays to Fridays inclusive (except Bank Holidays), from **20th June 2016** until the Orders cease to have effect, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E10; (b) Low Hall, Argall Avenue, London, E10 7AS.
11. The Council will be considering in due course whether the provisions of the experimental Orders should be continued in force indefinitely by means of permanent Orders made under sections 6, 45, 46 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984. Any person may object to the making of the permanent Orders for the purpose of such indefinite continuation within a period of six months beginning with the day on which the experimental Orders come into force or, if the Orders are varied by another Order or modified pursuant to section 10(2) of the 1984 Act, beginning with the day on which the variation or modification or the latest variation or modification came into force. Any such objection must be made in writing and must state the grounds on which it is made and be sent to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS quoting:
- (a) in respect of an Order referred to in

paragraph 1(a) above, reference **T25a(16) – LLOYD PARK NORTH (LPN) CPZ EXTENSION**;

(b) in respect of an Order referred to in paragraph 1(b) above, reference **T25d(16) – MARKET WEST (MW) CPZ EXTENSION**;

(c) in respect of an Order referred to in paragraph 1(c) above, reference **T25b(16) – CANN HALL (CH) CPZ EXTENSION**; or

(d) in respect of an Order referred to in paragraph 1(d) above, reference **T25c(16) – MANOR ROAD (MR) CPZ**;

Any objection may be communicated to, or be seen by, other persons who may be affected.

12. If any person wishes to question the validity of any the Orders or of any of their provisions on the grounds that they are not within the powers conferred by the Road Traffic Regulation Act 1984, or that any requirement of that Act or any instrument made under that Act has not been complied with, that person may, within 6 weeks from the date on which the Orders are made, apply for the purpose to the High Court.

Dated 20th June 2016

Mr. K. Valavan, Head of Highways and Infrastructure, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

SCHEDULE 1 (properties whose occupiers will be eligible to purchase permits to park in **LPN CPZ**) -

Ardleigh Road E17 – No. 1; **Brettenham Road** E15 – all properties; **Chingford Road** E17 – Nos. 293 to 345 (odds); **Keith Road** E17 – No. 1; **Pennant Terrace** E17 – all properties between North Countess Road and Elphinstone Road; **Rushbrook Crescent** E17 – all properties; and **Thorpe Crescent** E17 – all properties.

SCHEDULE 2 (properties whose occupiers will be eligible to purchase permits to park in **MW CPZ**) -

Brighton Avenue E17 – all properties; **Callis Road** E17 – all properties; **Camden Road** E17 – all properties; **Campus Road** E17 – all properties; **Gosport Road** E17 –

Nos. 78 to 142 (evens) and Nos. 77 to 143 (odds); **Hove Avenue** E17 – all properties; **Markhouse Road** E17 – Nos. 79 to 133 (odds); **Queens Road** E17 – Nos. 126 to 246 (evens) and No. 97 The Adult Learning Centre and the Edinburgh Primary School; **Ringwood Road** E17 – all properties; and **Tennyson Road** E17 – all properties.

SCHEDULE 3 (properties whose occupiers will be eligible to purchase permits to park in **CH CPZ**) -

Blenheim Road E15 – all properties; **Cann Hall Road** E11 – north-west side, all properties between Steele Road and the common boundary of Nos. 134 and 136 Cann Hall Road and south-east side, all properties between Steele Road and the north-eastern wall of No. 145 Cann Hall Road; **Devonshire Close** E15 – all properties; **High Road Leytonstone** – Nos. 337 to 417 (odds) and Nos. 260 to 330 (evens) and Jubilee Gardens; **Napier Road** E11 – all properties between Ranelagh Road and Selby Road; **Ramsay Road** E7 – No. 89 and all properties between Tavistock Road and Blenheim Road; **Ranelagh Road** E11 – all properties; **Selby Road** E11 – Nos. 13 and 15; **Tavistock Road** E11 – all properties; **Trumpington Road** E11 – Nos. 1 and 2; and **Worsley Road** E11 – all properties.

SCHEDULE 4 (properties whose occupiers will be eligible to purchase permits to park in **MR CPZ**) -

Cambrian Road E10 – all properties; **Canberra Path** E10 – all properties; **Capworth Street** E10 – Nos. 108, 128, 130, 160, 198, 200, 200a and 248; **Church Road** E10 – all properties between Lea Bridge Road and 331 Church Road; **Gloucester Mews** E10 – all properties; **Gloucester Road** E10 – all properties; **Malta Road** E10 – all properties; **Manor Road** E10 – all properties between **Lea Bridge Road** and Capworth Street; Lea Bridge Road – south-east side, all properties between Church Road and Shortlands Road; **Melbourne Road** E10 – all properties; **Palamos Road** E10 – all properties; **Queens Drive** E10 – all properties; **Shortlands Road** E10 – all properties; **Vicarage Road** E10 – all properties between Lea Bridge Road and Capworth Street; **Waterloo Road** E10 – all properties; and **Whitney Road** E10 – all properties.

LONDON BOROUGH OF WALTHAM FOREST

PROPOSED INTRODUCTION OF ROAD CLOSURE – FERNDALE AVENUE E17

& MELBOURNE ROAD E17 – “PLAY STREET” EVENTS

The Waltham Forest (Prescribed Routes) (No. *) Traffic Order 201* – T26(16)

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Order under section 6 of the Road Traffic Regulation Act 1984, as amended.

2. The general effect of the Order, as part of the “Play Street” events scheme will be to prohibit all vehicles (other than for access purposes to private property, vehicles connected with the play street event, or for ambulance, fire brigade or police purposes in an emergency, or any vehicle involved in a statutory undertaking to maintain the highway or street cleaning) from (i) entering **Ferndale Avenue E17 between its junctions with Oliver Road / Roland Road and Raglan Road** between the hours of 2.00 p.m. and 6.00 p.m. on every third Sunday of the month; and (ii) entering **Melbourne Road E17 between its junctions with Palmerston Road and Wellington Road** between the hours of 2.00 p.m. and 5.00 p.m. on every first Sunday of the month;

3. Copies of the Order, the Council’s statement of reasons for proposing to make the Order and of plans showing the location and effect of the Order can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Order, at (a) the Information Desk, Town Hall, Forest Road, Walthamstow, E17 The Reception Desk and (b) the London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.

4. Any person desiring to object to the proposed Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS, quoting reference **T26(16)** by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000, quoting reference Traffic Orders T26(16).

Dated 20th June 2016

Mr. K. Valavan, Head of Highways and Infrastructure, Neighbourhoods Directorate, Low Hall, Argall Avenue, London, E10 7AS

	Engine size less than 900cc registered before 1st March 2001	Engine size between 901cc and 3000cc registered before 1st March 2001	Engine size more than 3000cc registered before 1st March 2001	CO2 emissions less than 120 g/km registered after 1st March 2001	CO2 emissions between 121 and 225 g/km registered after 1st March 2001	CO2 emissions more than 225 g/km registered after 1st March 2001
Residents’ permit – 12 months)	£12.50	£25.00	£120.00	£12.50	£25.00	£120.00
Residents’ permit (second vehicle) – 12 months	£42.00	£90.00	£210.00	£42.00	£90.00	£210.00
Residents’ permit (more than two vehicles) – 12 months	£65.00	£150.00	£280.00	£65.00	£150.00	£280.00
Virtual Residents’ permit – 1 month	£10.00	£20.00	£100.00	£10.00	£20.00	£100.00
Residents’ permit (virtual/hard-copy) foreign vehicle – 6 months	£24.00	£50.00	£150.00	£24.00	£50.00	£150.00
Schools 15 minute permit – 12 months	£21.00	£42.00	£125.00	£21.00	£42.00	£125.00

Other permits

All-Zone Business Visitor’s Permit – book of 30 permits (valid for 1 hour each) £23, book of 20 permits (valid for 2 hours each) £30, and book of 10 permits (valid for 5 hours each) £40; Business Permit – 3 months, £220; Business Permit – 12 months, £390; Business Permit – 12 months (more than two vehicles), £570; Charity permit – 12 months, £40; Charity permit – 12 months (more than two vehicles), £172; Essential User Permit – 1 month, £30; Essential User Permit – 6 months, £110; Essential User Permit – 12 months, £190; Visitor permits – 1 hour book of 30, £14 (free to over 60’s, 1 book per year); Visitor permits – 2 hours book of 20, £16; Visitor permits – 5 hours book of 10, £18, Vouchers – 80 pence for 30 minutes or £1.30 per hour. Services charges for change of VRM or change of address £5, for refunds £10 (refunds under £1 not permitted) and lost or stolen permits, £20.

Waltham Forest News advertising

Did you know Waltham Forest News has a circulation of 110,000 – Advertising has never been so effective

For further information on the different advertising opportunities available please call 020 8496 3000 (press option 6) or email: advertisingwfn@walthamforest.gov.uk

Leyton Get Together

SUNDAY 3 JULY 2016, 1PM – 7PM

LEYTON SPORTS GROUND, CRAWLEY ROAD, LEYTON E10 6RJ

Join us for a fantastic family festival
with a **Rio-themed youth Carnival**
plus music from **Yolanda Brown**
and special guest **Omar**.

There'll also be soul, reggae and jazz from
DJ Daddy Ernie and **Rhythm of the City**
will be providing authentic samba,
salsa and soca.

**Free family entertainment and fun
walking and cycling activities.**



**Yolanda
Brown**



Omar

WRONG ITEMS IN THE RECYCLING BIN?

NOTICE

Your bin hasn't been emptied as it contains items that cannot be recycled.



Food



Clothes



Wood



Nappies



Electrical Items



Black Bags



Recycling can sometimes be confusing but there's a sticker on your green bin to explain what you can put in your bin to be recycled or you can always check the recycling pages and our website.

If a wrong item gets put in the bin such as food, textiles, nappies, electrical items or garden waste then it will get rejected.

The items that can be recycled include:

- tins, cans and trays
- mixed glass
- cartons
- mixed plastics
- paper and card
- plastic bags

Food and garden waste can be placed in brown bins. Textiles and electrical or electronic items can be taken to street recycling banks to be recycled or one of three reuse and recycling centres in the borough. Nappies should be placed in the black refuse bins to be disposed of.

For more information on recycling, visit www.walthamforest.gov.uk/recycling

LUCY MPOFU, AVID RECYCLER

Lucy Mpofo, lives in Leytonstone and backs our 'Recycling Rewards' scheme which is a new recycling rewards initiative for residents living in flats.

"Recycling is important to me because it means that I am doing my bit for the environment and also teaching my daughter about being socially responsible.

"I try to recycle on the go. For example, I know the on street dual bins have two separate compartments for food waste and paper or plastics. However, I usually keep my rubbish in my bag until I get home."

"As well as recycling household goods, I also regularly use the clothes bank in Leytonstone to recycle clothes I no longer wear and items my daughter has grown out of. We also pop down to our local charity shop to donate things like books.

Lucy's tips:

Donate clothes instead of throwing them away. If they aren't in great condition but the cloth can be recycled, take them to a clothes recycling bank.

If you live in a purpose-built flat, you can now earn points as you recycle. **Waltham Forest Recycling Rewards** is a way you can earn iTunes and M&S vouchers, visits to leisure centre and cinema tickets – just for recycling your rubbish.

To sign up and for more information on the scheme visit walthamforest.localgreenpoints.com



LOCAL RECYCLING CHAMPION, ROY MESSENGER

Like many of the borough's residents, Roy is enthusiastic about recycling and is encouraging his neighbours to reduce, reuse and recycle even more of their waste.

"We should all take responsibility for recycling and reducing the amount of rubbish we throw away. When I see how full my green bin is at the end of the week compared to my black bin, I'm amazed to see the amount that could be going to landfill if I didn't recycle.

"It's a total waste if glass and plastic bottles, newspapers and packaging are not recycled as it goes straight into landfill: hopefully by re-using things, it will keep production costs down.

"Our vegetable peelings go into our wormery and the worm 'wee and poo' is used on our garden as fertiliser. All our garden weeds and cuttings go in the brown bin and it's good to see the Council providing our Residents' Association with free compost in return.

"If I'm out and about, and I've finished with my newspaper, I always find a bin to recycle rather than leaving it on the tube.

"I don't generally use the recycling centre as the bin collection is so simple and easy to use. It's good that the Council empty our brown bins fortnightly."

Roy's tips on recycling:

- Only buy the food you need to prevent waste. Use any leftovers imaginatively or freeze them.
- Buy loose fruit and vegetables that aren't wrapped in lots of wasteful packaging.
- If you have anything you think could be of use to someone else then take it to a local charity shop and get gift aid.
- If you're unsure about what can be recycled, just check out the Council's website it has lots of useful information.



HERE'S SOME TIPS TO HELP YOU RECYCLE EVEN MORE:

- Wash and squash food and drink containers
- Scrape out any food remains or pour away any excess liquid and rinse containers
- Squeeze plastic bottles flat to expel as much air as possible
- Flatten your cardboard boxes when you put them in the recycling – you can get more of everything in your bin that way
- It's not just cans and tins you can also recycle, but kitchen foil and even empty aerosols
- It's more than just newspapers you can recycle as well. You can recycle your envelopes, wrapping paper, birthday cards and even phone books.
- All types of cardboard can also be recycled, even toilet roll tubes and drinks cartons
- Remember to recycle from every room in your house
- You can recycle at home; recycle on the go, at school or at work
- We have three reuse and recycling centres in the borough. You can take even more items there to make sure they are recycled
- Don't forget to recycle your batteries when they stop working – you can take them to battery recycling points in local libraries
- If you have a small electrical or electronic item that can fit inside a standard size carrier bag, you can take it one of the eight small electrical recycling banks across the borough
- You can take your old clothes to one of over 80 textiles recycling banks across the borough
- We offer parents a voucher of £54.15 if they buy real nappies for home washing or sign up to use a nappy laundry service.



You can now **RECYCLE** all of these items from your **LOUNGE**

